

Our TTC Journey Week 10 – January 18th – 24th 2008



I actually graduated on the 18th from Fertility Specialists. I received a lovely certificate which congratulated me on doing all that was expected of me ... getting pregnant! It was very touching, and the office reassured me that I'd be able to bring Beanlette to their office once I get further along, and deliver.

Though he's barely the size of a kumquat — a little over an inch or so long, crown to bottom — and weighs less than a quarter of an ounce, your baby has now completed the most critical portion of his development. This is the beginning of the so-called fetal period, a time when the tissues and organs in his body rapidly grow and mature.

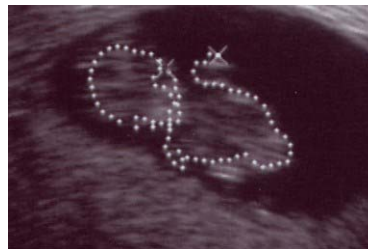
He's swallowing fluid and kicking up a storm. Vital organs — including his kidneys, intestines, brain, and liver (now making red blood cells in place of the disappearing yolk sac)

— are in place and starting to function, though they'll continue to develop throughout your pregnancy.

If you could take a peek inside your womb, you'd spot minute details, like tiny nails forming on fingers and toes (no more webbing) and peach-fuzz hair beginning to grow on tender skin.

In other developments: Your baby's limbs can bend now. His hands are flexed at the wrist and meet over his heart, and his feet may be long enough to meet in front of his body. The outline of his spine is clearly visible through translucent skin, and spinal nerves are beginning to stretch out from his spinal cord. Your baby's forehead temporarily bulges with his developing brain and sits very high on his head, which measures half the length of his body. From crown to rump, he's about 1 1/4 inches long. In the coming weeks, your baby will again double in size — to nearly 3 inches.

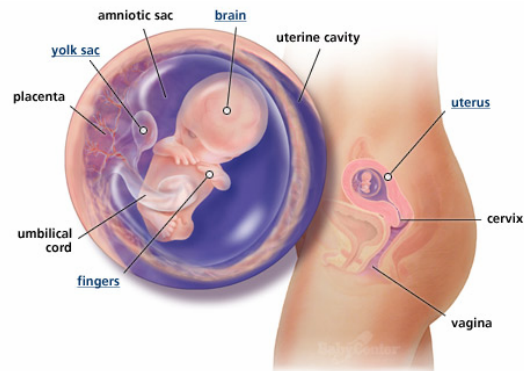
January 18th – Our ultrasound was so wonderful today. Although Beanlette is measuring 9w4d, the growth and development all look great. On the side, you can see her face, eyes, arms, bladder, leg buds and tushy. We also saw the umbilical cord and the yoke sac. Beanlette's heartbeat was 177bpm.



Beanlette's Corner

She was dancing, and wiggling and moving all around and putting her arms up to her face playing Peek a Boo ! Oh it was soo cute! After the appointment, my mom and I went to lunch, and I was very hungry, and ate way too much. I noticed that I got sick if I ate too much. I didn't toss cookies, but I sure didn't feel very good. We then spent the day together and I was exhausted at the end of the day. I sure slept well that night.

January 19th – We got our chair today, which was great, considering it was a week early. I



again noticed that if I ate too much I got sick. We had bbq steak and potatoes tonight and it was so good, but again, I got an icky tummy feeling if I ate too much. I didn't have nausea today.

January 20th – Today we watched football games. I had cramps tonight, and laid down with DH talking about everything on my mind. I'm glad one of us doesn't freak out easily. I wish the cramps would go away.

January 21st – So far today I'm a little hungry. Perhaps it's the rainy weather too. I still have those nagging cramps, and wish the round ligaments would just tighten already. I still want to sleep at dusk, and can sleep through the night. I didn't have an appetite for dinner tonight. So I ate cornbread and strawberries. That's all that sounded good.

January 22nd – This morning I had to eat breakfast before getting ready. I was very famished. I've gotten a few new pimples, and they're really getting on my nerves because I'm trying to get my skin clear for my girlfriend's visit in a few weeks!

January 23rd – I had the biggest noodle craving today, so my friends and I went to Chinese noodles! They were good, and took the craving away. Later in the day, DH brushed against my nip and I yelped in pain! Oh that was not a good feeling!

January 24th – I am eating normally, and don't have the famished feeling. Instead I'm totally thirsty and can't drink enough water with my meals. Then I get a very full feeling and then a sick feeling. I still don't have any morning sickness. I only have very slight nausea. My most obvious symptom is very tender breasts. I can't wait to see the OB and get another picture taken!