

Our TTC Journey Week 21 – April 4th – April 10th, 2008



I'm feeling really good actually. I was only nauseated for two months, then famished and fatigued at the same time for 3 months, and now I'm just learning how to waddle. I feel the little critter move all the time, and am getting kicked regularly after I eat. He likes to take walks in the mid afternoon and always has a disco party happening at night. I don't know what exactly he's doing in there.

Your baby now weighs about three-quarters of a pound and is approximately 10 1/2 inches long — the length of a carrot. His eyebrows and eyelids are fully developed. And you can certainly feel him move. He's oblivious to your schedule, though, so don't be surprised if he starts working out just when you're settling down for the night.

The rapid growth phase begins to slow down this week. The heart grows stronger this week, and the legs are reaching their relative proportions.

April 4th – We were on our way home from the services this afternoon and the baby kicked me in the belly button !!!!!!!!!!!!!!! OMG it was a jolt, as if someone was tugging on my belly button from the inside. Ooooh it felt too weird.

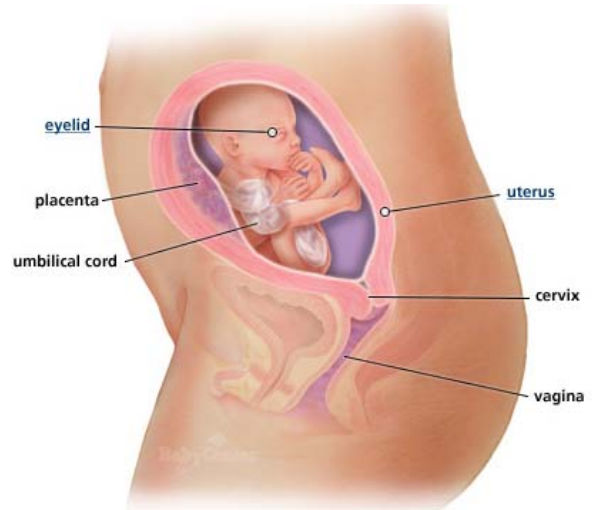
April 5th – I'm feeling kicks on a regular basis. The baby moves after I eat and if I'm relaxing in my chair. Its time to file my fingernails down again!

April 6th – While wearing a seat belt, I've to extend the belt on the tummy because if it is tight, it is uncomfortable. My back has broken out, and I have a craving for milk. I want buckets of milk all day long !!!

April 7th – Today I felt good, very hungry, but good. In the evening while lounging in my chair, I felt the baby kick. So I looked at my stomach and saw the skin move outward when I felt the kick. Oh it was soo amazing.

April 8th – My sugars have still been really good. I'm careful to keep water around me because I get thirsty a lot, but a few drinks of water and I'm good. I drink about 2 liters a day, and think that I should drink more, but then I'd have to work out of the bathroom.

April 9th – When the baby moves sometimes I feel that my entire stomach is moving too! My craving for milk hasn't gone down at all, and it is starting to get warmer, but I'm not too uncomfortable yet.



Beanlette's
Corner

April 10th – I walked into the appointment and they didn't have me on the schedule but were able to fit me in anyway.

Then the diabetes counsellor said that she wanted to watch me take my sugar. I know she probably didn't mean it that way, but I took it as an insult to my competence. I mean, I am not a child, I know how to take my sugars!! She said she just wanted to watch me to make sure that all was well, and then suggested we do a control sugar test. Ugh, so once I realized I over reacted I felt like a jerk. I apologized for my hormones.

Then the appt went great, she said my numbers looked great and all looked great and then went over nutrition. She said I have a high fat diet. I said I was told I had a green light pass on calories and fat until the pounds started packing on. She looked at my weight gain and said that it was .5 lbs. I told her that was over 3 weeks! She said ok, no problem, yeah you're not packing on lbs. I told her that my portions aren't huge. She said where are my fruits and veggies. I told her fruits are at and after lunch, and sometimes a snack. She said to get more veggies in. Bleh. I had veggies last night. Albeit they were swimming in Chinese sauce, but they were still there!

Then she said I'm doing well enough that I don't have to come back before 3 weeks. So I'll be off again to see them May 1st. She asked me what my goal is ... I said my goal is to maintain the Glyburide at 1.25mg 2x daily for the next 3 weeks with the anticipated hormonal surge due at weeks 22-24 ... which is in the next 3 WEEKS !!!