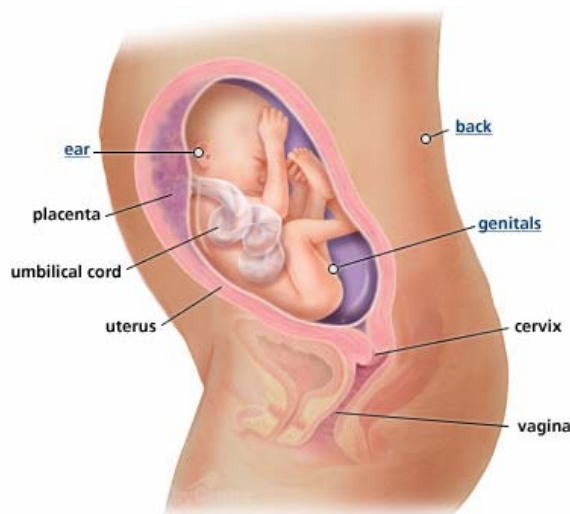


Our TTC Journey Week 26 – May 9th – May 15th, 2008



According to all of my doctors and pregnancy books, this is the week we're expecting a hormone surge. I would have to say that they are right because I am now running very warm, I am in a grouchy mood to impatient and demanding people, I sound off at people on the TV who are acting dumb, and in general, have no patience for dorks! Oh and my sugars are high !!

Your baby now weighs about a pound and two-thirds and measures 14 inches (an English hothouse cucumber), from head to heel. The nerve pathways in his ears are developing, which means his response to sounds is growing more consistent. His lungs are developing now, too, as he continues to take small breaths of amniotic fluid — good practice for when he's born and takes that first breath of air. If you're having a boy, his testicles are beginning to descend into his scrotum — a trip that will take about two to three days.



May 9th – I ran around all morning on my off Friday so that I could get the collage started. I scanned all my u/s pictures, and will now start the process of picking out the 45 pictures I want for the collage. I felt good, but was tired. I had too much low sugar ice cream and was NOT hungry for dinner. But the ice cream was very good. I also watched a really stupid movie, and am glad I didn't buy it!



Beanlette's Corner

May 10th – My friend graduated today, and we went down to her graduation. I am now at the point where I can't do long car trips anymore. I did NOT do well in the car ride down there, as I got contractions. They only were 3, but they all happened in a 20 minute span. Then when we got to the graduation ceremony I had to use the bathroom and was about to pull a Seinfeld in the parking garage. And since we know from the week's previous blog, holding your bladder can cause contractions too!!!! Ugh! So Dh freaked out and that caused me to freak out, and all in all, it was not a fun afternoon. But I'm glad my friend graduated! It was an uncomfortable pregnancy day!

May 11 – Today was Mother's Day. It was so nice to finally be able to celebrate the day! My mom had just stepped off a cruise ship (vision) and so we went to lunch and browsed around Babies R Us. She liked my stroller, and infant carrier and pack and play. I also inquired about bpa free plastic bottles from the manufacturer, and they're supposed to come out in June. So that's just a few weeks away!

May 12 – So I was on the phone with my doc last week because due to my latest surge, my sugars are now out of whack! I am surging at 26w, and that's normal, according to them, but my fastings

and my dinners have been high!!! So I called the doctor. I got an increase in my medications.

Before the surge my numbers were:

Fasting	Bfast	Lunch	Dinner
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88	110	118	124
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Now they are:

97	121	121	146
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So since they're realllly high now, the doc wants me on 2.5 mg 2x a day. I am apprehensive, as I didn't think I would need so much more medication, but she's the doc and I know she knows what she's doing. But I'll tell ya, I'm prepared for a low !!! Or two or three!

I've got my lifesavers and my glucose pills .. but I'm soooo worried about going low when I least expect it. So I'll make sure to take my crackers and my granola bars and other snacks with me to keep my sugars normal.

Lets hope that the surge is just that ... a surge ... and my medication would have to be increased to keep up with the growing baby! That means he's healthy, right????

May 13th – Why does Watermelon have to have carbs? I love watermelon. I am craving watermelon! I have to have watermelon! I want to eat pounds of this crisp, sweet, cool, refreshing treat every day!!! I can't get enough watermelon! I wish it didn't have carbs and was an unlimited fruit!

May 14th – I can't watch emotional stuff on TV, or I will loose it. I can't think of sad movies, or I'll be a wreck. And its not getting better. The stupid caribou on animal planet she left her little one behind because he couldn't keep up, and he died and another animal came along and ate him! I had tears running down my face (and still can't think about it without totally tearing up), and made DH change the channel. OMG Animal planet !!!!!!! What's sad about animal planet??? I thought it was so safe. Nope. I can feel that I'm constantly on the verge of tears, but don't think that if I have a good cry it will get out of my system. I think it'll just give me a headache and runny mascara. But that stupid animal planet oh that just tore me uplike E.T. ... oh I can't watch ET either! Or the Notebook. Or Ghost Or terms of Endearment. These are all terrific films, but Oh dear, I just can't watch them. Or think about them!

Tonight was our first class in the series of Childbirth Preparation. We learned stretching and breathing and signs of pre term labor. We watched a video on childbirth, but it wasn't a birthing video. Basically it told us about the FFN test, that I was already familiar with. It was a good class and we met a lot of fun couples. We meet every Wednesday. I hope to learn a lot from the stretching and relaxation classes.

May 15th – Today I've had heartburn again, and I cannot imagine 3 more months of this. Next week when I go to the doc's office, I'll be asking about the other OTC remedies and how many dosages a week are ok to take. I got heartburn a few days ago because of a tuna melt. I now think I can never have tuna again! I was so sick with heartburn. Last nights dinner of Greek kabobs were marinated in some spice that just DID NOT agree with me at all. The food was delicious, but the heartburn was incredible. And yesterdays pizza and today's pizza didn't help the heartburn either. I think I'm going to make Tums my permanent side dish!

