

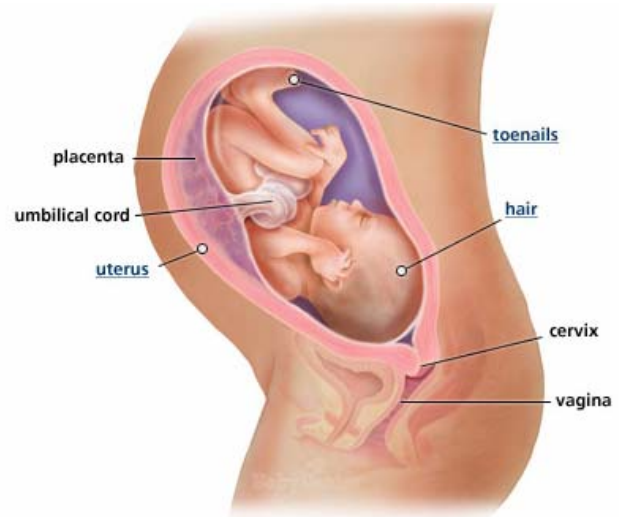
Our TTC Journey

Week 32 – June 20th – June 26th, 2008



My sugars have been getting high in the mornings. I understand that I'm going through a surge and the hormones are just in overdrive right now. This might also explain why I'm running so warm and irritable. If someone at work acts like a jackass, then I sure do have a story to tell when I get home! There are lots of changes happening at my job now, and it's all becoming very real that I'm soon going to have to be taking care of my little one.

Now that your baby has grown so long and your uterus is higher, you might notice a new discomfort. Your baby is probably head-down and may occasionally stretch out and kick you in the ribs. The pressure on your rib cage can make you sore, especially if one of the feet becomes caught in the ribs. You can prevent this by sitting up straight as much as possible. Because the baby demands a higher amount of vitamins and minerals more than ever right now, you should continue to take your prenatal vitamins for the entire pregnancy.



This week you will notice that fetal movements are at the peak. You should continue to monitor the fetal movements daily and address any concerns with your caregiver. The wrinkles in the baby's face are disappearing and fat is still being deposited throughout the body.

The body growth slows down from now on. Because of the lack of space in the uterus, the legs are drawn up in what is known as the fetal position.

As a preparation for breastfeeding, your baby has learned to root for the breast. The baby will turn its head if touched on the cheek and open its mouth if the bottom lip is tickled. By this time the baby can also suck and swallow in a coordinated way.

June 20 – Why oh why does it have to be so warm? Oh why oh why oh why? We're expected to hit 105 degrees today! Well some spots could go as warm as 112, but yikes, that's HOT!

June 21 – It was so warm today I was supposed to go out and run errands but it was too hot to go outside. So we stayed indoors like hermit crabs. There is no way I'd go out when it's 107!



Beanlette's Corner

June 22 – It cooled down some today, it was only 102. I went to Kerry's shower today and it was so good to see her again. She looked beautiful and has the cutest bump. Its hard to believe that Kerry's pregnant. While looking around at all the baby gifts and watching her and Chris open baby items, it hit me that my OWN child is coming and it seemed so surreal. I'm finally pregnant, my shower is just a few weeks away, and wow there is still so much to do!

June 23 – Naren had to travel to Chicago for work, so I took him to the airport and then waited for him to call me and tell me he landed safely.

June 24 – At night after eating my snack, when I lay on my side (if my groin will let me) the baby feels as if he's coming out of my side. The movement is so strong. I'll try and get a recording of it.

June 25 – We're starting to get stuff from our wonderful friends for the baby shower! Every day coming home is like Christmas!

June 26 – For some reason this week at work has been very busy, but the week has still just dragged on so slowly. It seems I'll never get to 35weeks!