

## Our TTC Journey

### Week 4 – December 6-13, 2007



Dec 6<sup>th</sup>, 2007, I walked into the FSMG office and I said to the girls, “I don’t know what you guys did but something worked”!!! I was so excited! They were so excited for us!

I went into the back room and showed all of them my test and they were all very excited. I had my blood drawn and they said that they would have the beta results between 1 and 3pm. She put a drop of my blood on the test and it was instantly positive, so that’s a good sign so far!

Beanlette is due August 15<sup>th</sup>, 2008

I told her that I could get another Beta tomorrow at a lab in Temecula, as I didn’t want to drive down again to their lab on an off-Friday that was going to rain heavily. She said she’d rather have me come in Monday the 10<sup>th</sup>. My blood work came back great!



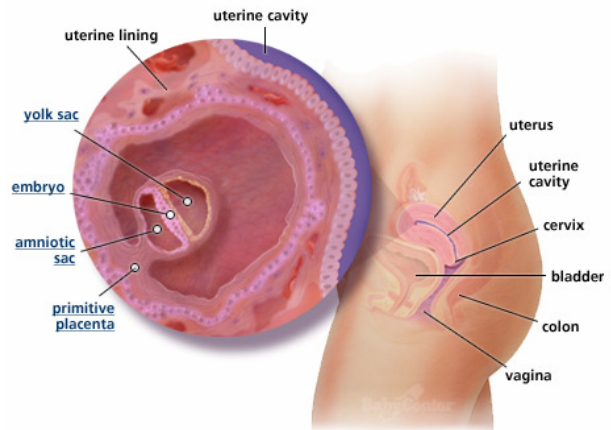
12/06 13dpi	Beta 103	P4 29	E2 63
12/10 17dpi	Beta 415	P4 25	E2 167

After I was at the doc’s office, I drove to Naren’s work, and told him the good news. I told him that around August 15<sup>th</sup>, I was going to need a ride to the hospital. He was excited but since we were in his parking lot, he didn’t show much emotion.

That night we went to dinner to celebrate that we were definitely positive. The food tasted weird. I didn’t enjoy it, but Naren said that all tasted fine. I then put the syriacha sauce on the chicken and it actually made it taste better. I didn’t find it hot at all. My hormones were really out of whack.

This week marks the beginning of the embryonic period. From now until ten weeks, all of your baby’s organs will begin to develop and some will even begin to function. As a result, this is the time when she’ll be most vulnerable to anything that might interfere with her development.

Right now your baby is an embryo the size of a poppy seed, consisting of two layers: the epiblast and the hypoblast, from which all of her organs and body parts will develop.

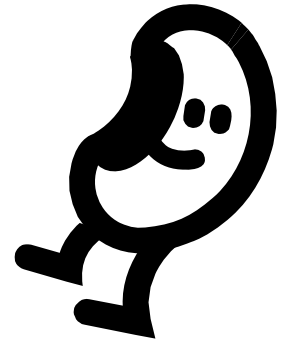


The primitive placenta is also made up of two layers at this point. Its cells are tunneling into the lining of your uterus, creating spaces for your blood to flow so that the developed placenta will be able to provide nutrients and oxygen to your growing baby when it starts to function at the end of this week.

Also present now are the amniotic sac, which will house your baby; the amniotic fluid, which will cushion her as she grows; and the yolk sac, which produces your baby’s red blood cells

and helps deliver nutrients to her until the placenta has developed and is ready to take over this duty.

During the weekend (12/7) I went to a Christmas Party. I knew that I was very early in my pregnancy, but wanted to do the right thing by my new baby ... who I've named **Beanlette**. All of the gifts at the exchange were either coffee, or chocolate, or liquor. And I didn't want any of those, so I chose the fuzzy socks that I brought. I kept getting nauseous during the week, and it became necessary to tell my coworkers Mark, Pat, and Eric, because they give me work. And I need to be able to tell them I can't do that type of work anymore.



**On Monday the 10<sup>th</sup>**, I started another symptom. I was famished. Last week I could barely eat because I didn't feel good.

I eat 6 small meals a day, and food that used to last me until my next snack doesn't anymore. I am now famished between snacks!

**Tuesday the 11<sup>th</sup>**, I had nausea for an hour right after arriving to work. I was also very tired. I'm also going to the bathroom during the night. Its kind of irritating!

**Wednesday the 12<sup>th</sup>**, I was very hungry today, and couldn't sleep much last night cause I couldn't get comfy cause my tummy feels bloated, so sleeping on my tummy/side doesn't work. Then Naren stole my blanket! LOL. J/K sweetie! I had a filling breakfast, but the full feeling only lasts about 2 hours then I'm hungry again! This kid's gonna be huge!

**Thursday the 13<sup>th</sup>**, I get a few mild cramps each day. My nipples are very sensitive and my breasts feel like they're very heavy. I had bad Taco Bell heartburn last night. And this morning I have some slight nausea.