

Our TTC Journey

Week 5 – December 14-20, 2007



On Friday Dec 14th, we had our company lunch. Last week I had aversions to beef. So we stayed away from the prime rib. I didn't particularly like the chicken because it said that it was "Airline Chicken" and I had no idea what that meant. So I felt safe ordering the salmon. Well no sooner than they sat it down in front of me, that I had to get it away from me. Oh my god, I tasted it and it was just as vile as it smelled.

Then my coworkers sitting next to and across from me got worried because they too ordered the salmon. I told them it was probably perfectly safe, but that I didn't care for it. I'm sure that people caught on, especially my coworker Cathy, because she has 3 kids, but it was sooo bad. I almost had m/s at the table.

I took the lemon they gave for my water and I put it on my hands and put my nose into my hands until they took the fish away (which was about a minute, but the smell was making me more ill as it sat there).

It is getting really difficult to be pregnant around these people! Instead I had the airline chicken, which really should have been called Pesto Pine nut Chicken. It was pretty good. The rice pilaf was not!

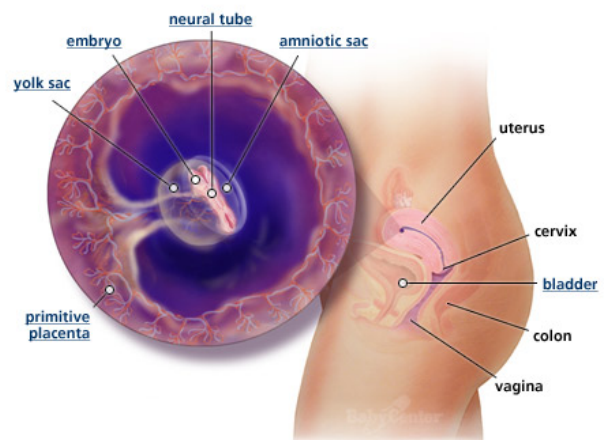
I tried to order diet sprite, but no one has it! So I ordered water with lemon, and put splenda in it. It is sort of like my own lemonade.

I also enrolled in the Moms to Babies program at Aetna. They have nurses that I can talk to and apparently the nurses call me each week to check on Beanlette.

Deep in your uterus your embryo is growing at a furious pace. At this point, he's about the size of a sesame seed, and he looks more like a tiny tadpole than a human. He's now made up of three layers — the ectoderm, the mesoderm, and the endoderm — which will later form all of his organs and tissues.

The neural tube — from which your baby's brain, spinal cord, nerves, and backbone will sprout — is starting to develop in the

top layer, called the ectoderm. This layer will also give rise to his skin, hair, nails, mammary and sweat glands, and tooth enamel. His heart and circulatory system begin to form in the



middle layer, or mesoderm. (This week, in fact, his tiny heart begins to divide into chambers and beat and pump blood.) The mesoderm will also form your baby's muscles, cartilage, bone, and subcutaneous (under skin) tissue. The third layer, or endoderm, will house his lungs, intestines, and rudimentary urinary system, as well as his thyroid, liver, and pancreas. In the meantime, the primitive placenta and umbilical cord, which deliver nourishment and oxygen to your baby, are already on the job.

December 14th - Last night I noticed blue veins in my breasts. I've never seen that before, Oh and my nips are changing shape, and they're sooo sensitive. I was drying my hair, and the dryer cord brushed against my nips and I yelled. So I put my top on, then continued to dry the hair. Oh my lanta, I've never had them this sensitive before.

December 15th – I didn't have much nausea today. I was very sleepy. I went upstairs to take a nap and got my second wind! Naren leaves for India in a few days, so I'm helping get all of his items together.

December 16th - Last night's weird dream was that I was actually getting sick from my m/s. Then I woke up and had the worst nausea! I actually felt like I was going to be sick! Then I ate a few crackers and went back to sleep. Then I woke up again and thought i'd better get some breakfast before the nausea takes over. That day I still felt a bit icky. Maybe this week during our super important management meeting of all the CEO's coming to see us, is when Beanlette will choose to voice his opinion of what he thinks of management. Well at least its an excuse to run out of the room.

December 17th – I went in for another blood draw. My beta was over 5000, my p4 was 20 and my e2 was 313. I was concerned about my p4, so I told FSMG that I want another draw on Thursday the 20th, and if my p4 drops again, I want to go on supports. I felt a little nauseous today.

December 18th – I had to drive my parents to the airport today and when I got to work, I had nausea so bad I almost ran to the bathroom while hanging out with Kris and Stracy. It felt a little better in the evening. I went to dinner with the management team, and Beanlette seemed to cooperate with dinner. That restaurant didn't have diet sprite either!

December 19th – During this morning's staff meetings I had a headache. It went away after I made a drink of coffee (1/5 a cup). Then later at night I had to get hair conditioner and irritating people in the store really ticked me off!

December 20th – I woke up this morning and was very excited to get to my doctors appointment. I went to work for a minute, and felt a little nauseous, but then I had my p4 drawn. It came back later to be 23, so I didn't need to go on supports. I finally got to see my Beanlette. I am so excited. He's healthy and happy and there is just the one in there!! Whew! Oh and Happy Birthday to me!

