

## Our TTC Journey

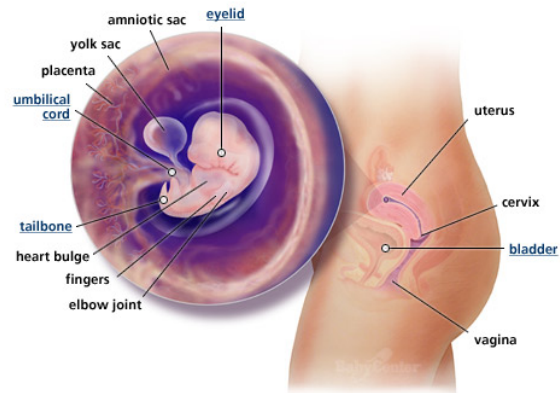
Week 7 – December 28<sup>th</sup> 2007 – January 3<sup>rd</sup> 2007



I am so excited that as of the last sonogram we were able to see the heartbeat. It is a great relief to know that little Beanlette is doing just great.

I am also very relieved that my p4 number is climbing. I will probably have them stop the blood draws each week. Especially if the ultrasounds keep looking as great as they do.

The big news this week: Hands and feet are emerging from developing arms and legs — although they look more like paddles at this point than the tiny, pudgy extremities you're daydreaming about holding and tickling. A loop in your baby's growing intestines is bulging into her umbilical cord, which now has distinct blood vessels to carry oxygen and nutrients to and from her tiny body. Technically, your baby is still considered an embryo and has something of a small tail, which is an extension of her tailbone.



The tail will disappear within a few weeks, but that's the only thing getting smaller. Your baby has doubled in size since last week and now measures half an inch long, about the size of a blueberry.

If you could see inside your womb, you'd spot eyelid folds partially covering her peepers, which already have some color, as well as the tip of her nose and tiny veins beneath parchment-thin skin. Both hemispheres of your baby's brain are growing, and her liver is churning out red blood cells until her bone marrow forms and takes over this role. She also has an appendix and a pancreas, which will eventually produce the hormone insulin to aid in digestion.

December 28<sup>th</sup> – There is some drama going on with the chat board that I like to visit and I hope it all gets resolved soon. It seems that there are some women who think I talk about the baby too much. While others like it, it is hard for others to read. I hope the sensitive women get their bfps soon so that we can all be excited together. There is no expectant mother in her right mind who is not excited when they see that tiny precious little heart beating. It was a moment I'll never forget. Our weather is windy and cool today. The meteorologists think that we'll get some rain, but what do they know. They can't predict the weather. The winds have kicked up some dust, and that makes my allergies act up. My doctor says Sudafed is ok for use during pregnancy, but I'm not so sure, the internet reports contradict my doctor. I'll ask the pharmacist and see if his recommendation agrees with the doctor's. My best friend Kerry told me that she also is expecting and I am so excited that we can share this wonderful time in our lives together! She's going to be an amazing mother! I've felt pretty good today. A little sleep deprived because my allergy congestion kept me up. I took a resting catnap today and that seemed to help. I am feeling famished. So its time for a second dinner.

December 29<sup>th</sup> – Today's entry is called Pimples, Trix and Fingernails! My skin has broken out and there is a pimple that seems to have taken over my chin. You gotta love hormones. I was watching TV and some lady was eating Trix cereal and now its all I can think of. I might have to go and get some trix. Maybe it's the prenats, maybe it's the hormones, but I've never had my fingernails get this long without them breaking. Its pretty cool. The drama seems to have ceased on the thread, which is always a great thing. Now onward to more positive things!

December 30<sup>th</sup> – Since Naren was leaving from India early in the morning here, I woke up early and was unable to get back to sleep. So it was great that I was able to take a nap. Our neighbor got a Doberman, but the dog is too much for them and barks a lot!

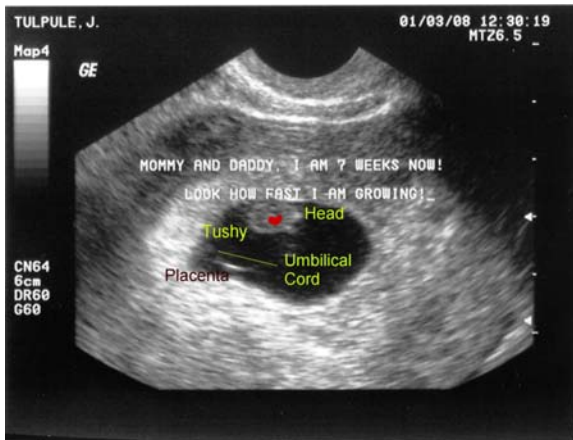
I feel like calling Caesar Milan on them! I have some mild cramping today, but no nausea so far. I finally got my trix fix. I'd forgotten how good it was.



Beanlette's  
Corner

December 31<sup>st</sup> – Naren came home today. I didn't feel like getting out much, the weather was good, but I just felt fatigued. I had to run some errands, but was glad to be back home. It was difficult to stay up till Midnight!

January 1<sup>st</sup> – I had some wicked nausea today. I layed down and felt better, but it was very strong and intense. My pimples are clearing up. I think I now get car sick. Or it is just that I get nauseated when driving in a car. I also love Chinese food, but am not so crazy about Mongolian Beef anymore. Perhaps it's the onions!



January 2<sup>nd</sup> – Due to jetlag, we woke up really early again today. I was famished and so Naren made me my cereal. I ate everything in sight and was still hungry. I am not having hot flashes. If anything I'm having cold flashes. Perhaps it is because it is wintertime right now!

Here is Beanlette's new picture!

January 3<sup>rd</sup> – I had another ultrasound today. We saw the heartbeat at 179 bpm! I guess it was the Lucky Charms I ate for breakfast! We also saw the cutest butt, head and chest cavity. There were arm buds starting to form, and I saw the

umbilical cord and the start of the placenta. I also found out that Dr. Dresbach, my favorite OB, is still in town and will hunt him down when it comes time to transfer in a few weeks.