

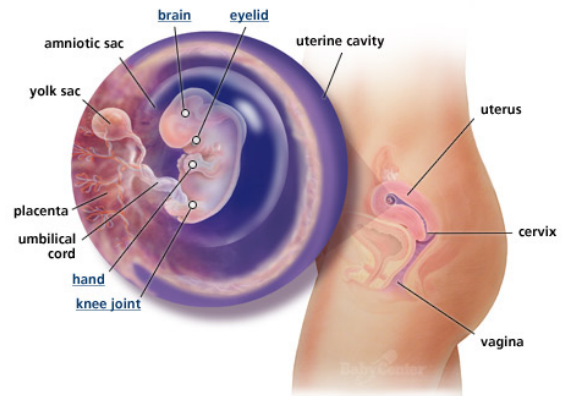
Our TTC Journey

Week 8 – January 4th – 10th 2008



I did not get a blood draw for the progesterone at my last sonogram. Instead I asked for a specific list of drugs that I can or cannot take during pregnancy. I got a generic “take care of yourself” sheet of instructions, but wanted their suggestions on what to take if I felt allergies, or a cold, for example. Apparently during each new symptom, I’m to call the doctor’s office and ask specifically. For nasal decongestants they are recommending Sudafed or Dimetapp.

New this week: Webbed fingers and toes are poking out from your baby's hands and feet, his eyelids practically cover his eyes, breathing tubes extend from his throat to the branches of his developing lungs, and his "tail" is just about gone. In his brain, nerve cells are branching out to connect with one another, forming primitive neural pathways. You may be daydreaming about your baby as one sex or the other, but the external genitals still haven't developed enough to reveal whether you're having a boy or a girl. Either way, your baby — about the size of a kidney bean — is constantly moving and shifting, though you still can't feel it.



January 4th through 6th - We were on our cruise this weekend. On the way to the ship I was freezing and couldn't get warm. I got a little nausea in the afternoon, took some ginger and got terrible heartburn. The hburn turned out to be from the food, thankfully. I took ginger to keep myself from getting seasick because there was to be bad weather on the cruise, and I couldn't take Dramamine. I was hungry all weekend. Every few hours I'd have to eat something. Thankfully I was on a ship. Saturday I felt lethargic. It might have been the weather too, as it rained all day. I felt really queasy during the evening, but think it was nausea, hunger and seasickness. Once I ate dinner, all was well, and I felt much better. I had veggie rolls and shrimp with rice at the sushi restaurant. It was sooo good! Sunday I felt pretty good, I was famished during the day and a little sleepy during the afternoon.

January 7th – I felt nauseated for an hour or so. I was also famished, and was panicking that I'd not be finished with business or appointments before I could get a chance to get a snack. I was exhausted at 8:30 and asleep at 8:31.

January 8th – Today was also another famished day. I have a feeling that I'll never get full. I've not been nauseated too much today. And you should see my fingernails! Oh and bedtime was at 8:30!

January 9th – Today was again another famished day, not much nausea. I went to bed at 9pm and slept all night long.

January 10th – I was so tired of being famished that I ate too much today. Then I wasn't hungry for dinner. I became nauseated at the thought of more food. I'm tired really early. I can't wait for the appointment tomorrow!



Beanlette's
Corner